



## 2018 PHYSICAL FITNESS & MEDICAL HISTORY FORM

**Special Note:** This form must be dated after January 1, 2018 and then submitted to the Scotia Glenville Jr Tartans.

**No other forms acceptable** unless Section II is modified or substituted ONLY to comply with local and/or state laws or because of medical practitioner regulations (i.e. the medical practice provides its own form). It *must* indicate that the child is cleared for athletic participation without limitation. In either case, Section I *must* be filled out entirely (sign on page 2) and attached to the modified/substituted form. Section II must be completed in its entirety ONLY by a Licensed State Examiner (medical doctor, nurse practitioner, etc.).

### Section I: FOR PARENT/GUARDIAN COMPLETION ONLY

Legal Name of Participant:

Last \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone No: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Male/Female: \_\_\_\_\_

Name of Primary Medical Insurance Company: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Membership Number: \_\_\_\_\_ Name of Primary Insured: \_\_\_\_\_

Sport (check one):      Game Cheer \_\_\_\_\_      Competitive Cheer \_\_\_\_\_      Tackle \_\_\_\_\_      Flag \_\_\_\_\_

### PARTICIPANT MEDICAL HISTORY

- |     |   |     |    |
|-----|---|-----|----|
| 1.  | Are there any injuries requiring medical attention?                             | Yes | No |
| 2.  | Are there any past surgeries or scheduled surgeries?                            | Yes | No |
| 3.  | Is the participant currently under the care of a medical practitioner?          | Yes | No |
| 4.  | Is the participant currently taking medications?                                | Yes | No |
| 5.  | Does the participant have any allergies (penicillin, bee stings, etc)?          | Yes | No |
| 6.  | Does the participant have asthma/require the use of an inhaler?                 | Yes | No |
| 7.  | Is the participant diabetic/require medication for diabetes?                    | Yes | No |
| 8.  | Does the participant currently require medication?                              | Yes | No |
| 9.  | Does/has the participant have/had seizures?                                     | Yes | No |
| 10. | Does the participant wear glasses or contact lenses?                            | Yes | No |
| 11. | Does the participant wear a brace or other medical support device?              | Yes | No |
| 12. | Does the participant have any other physical limitations or medical conditions? | Yes | No |

If you answered *Yes* to any of the above questions, please provide the question number and an explanation:

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**\*\*\*A parent or guardian MUST sign on page 2\*\*\***

I hereby certify that this information is accurate to the best of my knowledge. I understand that this medical authorization may be voided in the event of injury; illness or accident and my child may not be cleared for participation at such time. Furthermore, I hereby acknowledge that it is my responsibility to inform my child's coach or organization to obtain written permission from my child's physician on official medical stationary in order to seek permission for my child to resume participation after any and all such injury, illness or accident.

Signature of Parent or Legal Guardian: \_\_\_\_\_

Print Name \_\_\_\_\_

Relationship to Participant \_\_\_\_\_

Dated \_\_\_\_\_

**SECTION II: THIS SECTION TO BE COMPLETED ONLY BY A MEDICAL PROFESSIONAL**

Name of Participant: \_\_\_\_\_

(Please check the following if healthy or note otherwise):

Height	Weight	Eyes
Ears	Mouth	Nose & Throat
Respiratory	Cardiovascular	Neurological
Musculoskeletal	Dermatological	Blood Pressure

I hereby certify that I am a licensed state examiner and have examined the above named individual and understand that he/she will be involved in participating in Scotia-Glenville Jr Tartan football or cheer programs. I hereby swear and attest that this individual is physically fit and I have found no medical reason which would prevent this individual from safely participating in Scotia-Glenville Jr Tartan activities. I am therefore clearing this individual for athletic participation without limitation.

Please place medical professional stamp here or fill out the following:

Signed \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_

Please indicate medical profession (M.D., D.O. R.N., etc.) \_\_\_\_\_

Complete this section or the medical professional's stamp may be placed below.

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Telephone \_\_\_\_\_ Fax Number \_\_\_\_\_

Section II must be completed in its entirety ONLY by a Licensed State Examiner (medical doctor, nurse practitioner, etc. – this may vary by state). NO other forms are acceptable unless Section II is modified or substituted ONLY to comply with local and/or state laws or because of medical practitioner regulations (i.e. the medical practice provides its own form). It **must** indicate that the child is cleared for athletic participation without limitation.

**\*\*\*In either case, Section I must still be filled out entirely and attached to the modified/substituted form.\*\*\***